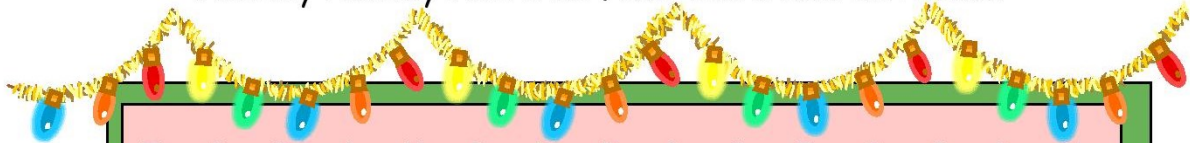


## Healthy Holiday Nutrition Food Word Search Puzzle!



APPLES	BAKING	CARROTS
COOKING	CRANBERRIES	HEALTHY
HOLIDAY	MILK	PUMPKINS
SALAD	SQUASH	TURKEY
VITAMIN A	YAMS	ZUCCHINI



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## SIMPLE HOLIDAY SUGAR COOKIES

### Ingredients:

1 package (16 oz.) Pillsbury Ready To Bake! Refrigerated Sugar Cookies

Candy sprinkles

Colored sugars

### Directions:

Heat oven to 350 degrees.



Dip cookie dough rounds in candy sprinkles or colored sugars before baking. On ungreased cookie sheet, place cookie dough rounds about 2 inches apart. Bake 12 to 16 minutes or until golden brown. Cool 2 minutes; remove from cookie sheet to cooling rack. Cool completely.

## Fun facts .....

### When is the first day of winter? ....

In the United States and the rest of the northern hemisphere, the first day of the winter season is the day of the year when the Sun is farthest south, December 21st. This day is known as the Winter Solstice.

### How far away is the Sun in the winter? ....

A common misconception is that the Earth is further from the Sun in winter than in summer. Actually, the Earth is closest to the Sun in December which is winter in the northern hemisphere.

### Where was the coldest temperature recorded in the U.S.? ....

The lowest temperature ever recorded in the United States was -80 °F (-62 °C) on January 23, 1971 at Prospect Creek Camp, located near the Arctic Circle along the Alaskan pipeline.

### Is there a place that does not receive any sunlight at all in the U.S.? ....

The northern most town in the United States is Barrow, Alaska, and it receives no sunlight for 30 days every year during the winter months.